Electronic Cigarettes Vs. Regular Tobacco Cigarettes

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Abstract

Smoking is one of the most talked about subject in public health. the use of
electronic cigarettes is becoming increasingly popular among smokers world wide.
Smoking E- cigarettes is thought to be healthier than smoking regular tobacco cigarettes.
As stated by the Centers of Disease Control and prevention (2014), cigarette smoking
causes 480,000 deaths every year in the United States; that is about one in five deaths.
Although, electronic cigarettes are being marketed and promoted as being healthier to
smoke compared to regular tobacco cigarettes, electronic cigarettes are just as harmful to
the human body as tobacco cigarettes are.

For my thesis project, I am going to do a podcast. I plan on writing a descriptive
script of information regarding my topic. Also, I will be working with faculty from the
communications department as guidance on making a podcast. Doing a podcast on
electronic cigarettes is a good way to provide information because there is not enough
information of the health risks of electronic cigarettes. A podcast also provides a different
way of obtaining the information for learners.