

Apr 20th, 7:40 PM - 7:55 PM

Benefits of Dance Education in an Urban Kindergarten Classroom

Anna M. Veelman
Dominican University of California

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Veelman, Anna M., "Benefits of Dance Education in an Urban Kindergarten Classroom" (2017). *Scholarly and Creative Works Conference 2020*. 76.
<https://scholar.dominican.edu/scw/scw2017/all-conference/76>

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DANCE EDUCATION IN AN URBAN SETTING

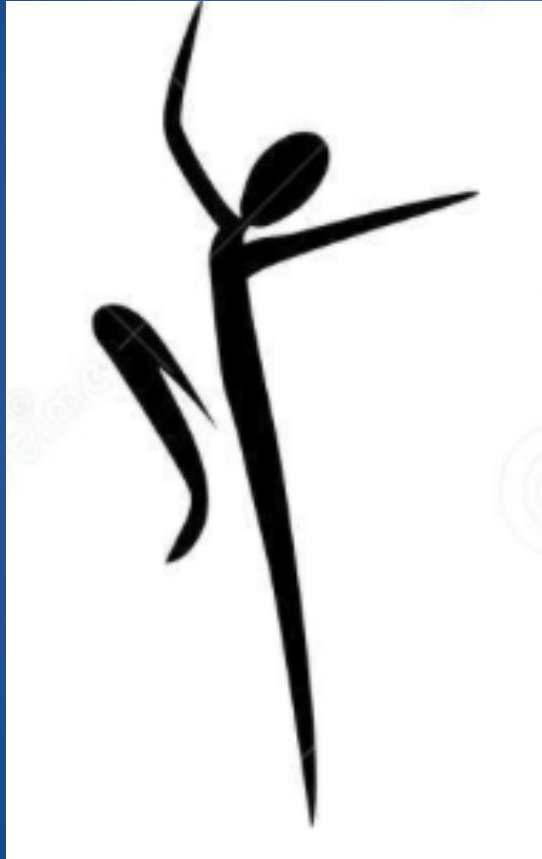
Dance as a Tier One Classroom Intervention



By Anna M. Veelman

Master of Science in Education
Dominican University of California
School of Education and Counseling Psychology
Scholarly and Creative Works Conference 2017

Literature Review



Disruptive Behaviors and Urban Education

Tier One Interventions for Disruptive Behavior

- ABC GO
- Toolbox
- Mindfulness
- Teacher Student Relationships

Art Education in Urban Settings

Dance in Education Research

- Movement Dance Therapy

Interview with an Expert

Research Questions

- How may dance be used as a Tier One Intervention in the classroom?
- In what ways does Dance Education benefit students on a social-emotional level?
- How does this transfer to their overall success in school?

Key Terms: *Arts Education, Urban Education, Disruptive Behavior, Dance, Tier One Intervention*



Site Description

Kindergarten Classroom of 25 Students

Four Case Study Students

Student A: IEP developmental delay

Student B: High Trauma, defiant

Student C: Aggressive with peers and adults,
destructive, elopes (runs away)

Student D: Aggressive with peers, defiant



Mixed Methods Research

Emotional Self-Evaluation

Observations

Interviews

Behavior Data

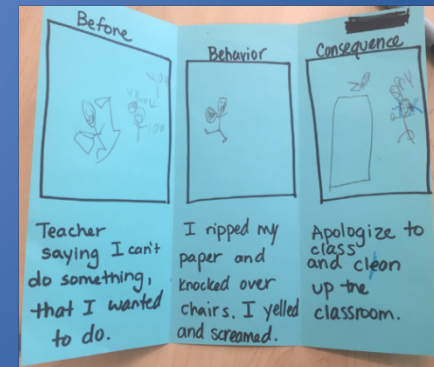
- Reflections
- Referrals

How are you feeling today?

Color the smile that you relate to in the moment.

😊 😐 ☹️

Emotional Self-Evaluation



Behavioral Reflection
ABC-GO

Emotional Evaluation Data

How are you feeling today?

Color the smile that you relate to in the moment.



Student's Emotional Evaluation Average

Emotion Identified	😊	😐	😞
Pre-Dance Class	73.5%	16.5%	10%
Post-Dance Class	82%	13.5%	4.5%

Behavior Data

Monthly Behavior Data (Reflections and Referrals)

	November/December	January	February (Month of Dance Block)
Class Total Of Reflections and Referrals	33 Reflections 3 Referrals	49 Reflections 4 Referrals	12 Reflections 1 Referral
Student A	2 Reflection 1 Referral	3 Reflections	0
Student B	6 Reflection	2 Reflection 1 Referral	1 Reflection
Student C	2 Reflections 2 Referrals	10 Reflections 4 Referrals	3 Reflections 1 Referral (at recess not in classroom)
Student D	4 Reflection	7 Reflections	2 Reflections

Behavior Data

Dance Block Weekly Behavior Data

	Week 1	Week 2	Week 3	Week 4
Whole Class	7 Reflections	5 Reflections	1 Reflection 1 Referral	0 Reflections
Student A	0	0	0	0
Student B	1 Reflection	0	0	0
Student C	2 Reflections	1 Reflection	1 Referral	0
Student D	1 Reflection	0	1 Reflection	0

Themes



1. Teacher Student Relationship
2. Lowering of Disruptive Behavior Rates
3. Increased Classroom Engagement

Research Questions
Revisited :

Dance Instruction as a Tier One Intervention

Social Emotional Impact

Overall Classroom Engagement

Implementations



Questions or Comments?