

Apr 20th, 6:20 PM - 6:35 PM

High School Student Concussion Recovery Program: Teacher Involvement in Student Academic Transitions to Classroom and to Sports

Brittany Diego
Dominican University of California

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Diego, Brittany, "High School Student Concussion Recovery Program: Teacher Involvement in Student Academic Transitions to Classroom and to Sports" (2017). *Scholarly and Creative Works Conference 2020*. 58.

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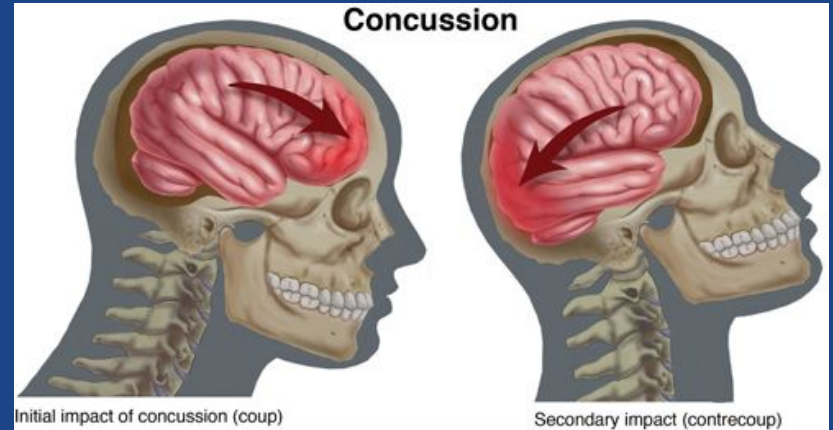
High School Student Concussion Recovery Program:
Teacher Involvement in Student Academic Transitions to
Classroom and to Sports



Brittany Diego
Dominican Scholarly and Creative Works Conference
April 20, 2017

What is a concussion?

- Concussions are brain injuries caused by direct or indirect forces on the brain.
- Symptoms interfere with a student's ability to learn



Problem

Research shows that concussions need to be treated with a formal protocol

- There is a lot of research on professional athletes and returning athletes to their sport.
- There is not a lot of research on how to return students to classroom

Purpose

To lead teachers in developing an academic component
to the concussion recovery program in a high school

Findings

- Academic team consisting of a student's teachers, the athletic trainer or nurse, and school counselor
 - Special education teachers and therapeutic counselors can be added as needed
- Possible academic adjustments
- Communication

Method

- I made a general outline of possible components to an academic concussion protocol
 - Observations and notes were taken as teachers discussed, changed, and improved the protocol
 - After each meeting I made revisions to the protocol based on the observations
- Participants participated in a survey after completing work on the protocol to ascertain satisfaction with the process and belief in the written protocol

ANY QUESTIONS

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