

2017


# High School Student Concussion Recovery Program: Teacher Involvement in Student Academic Transitions to Classroom and to Sports

Brittany Diego

*Dominican University of California*

**Survey: Let us know how this paper benefits you.**

Follow this and additional works at: <https://scholar.dominican.edu/scw>

 Part of the [Health Policy Commons](#), [Medicine and Health Commons](#), [Nervous System Commons](#), [Sports Studies Commons](#), and the [Therapeutics Commons](#)

Diego, Brittany, "High School Student Concussion Recovery Program: Teacher Involvement in Student Academic Transitions to Classroom and to Sports" (2017). *Scholarly & Creative Works Conference 2019*. 58. <https://scholar.dominican.edu/scw/scw2017/all-conference/58>

This Event is brought to you for free and open access by the The Dominican Experience at Dominican Scholar. It has been accepted for inclusion in Scholarly & Creative Works Conference 2019 by an authorized administrator of Dominican Scholar. For more information, please contact [michael.pujals@dominican.edu](mailto:michael.pujals@dominican.edu).

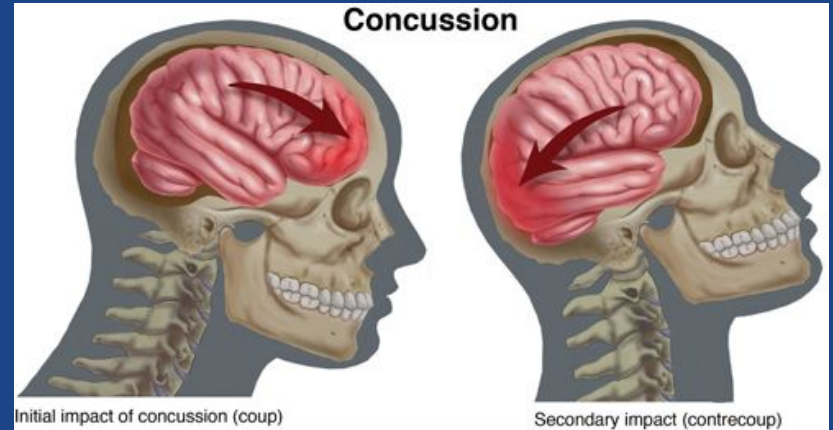
High School Student Concussion Recovery Program:  
Teacher Involvement in Student Academic Transitions to  
Classroom and to Sports



Brittany Diego  
*Dominican Scholarly and Creative Works Conference*  
*April 20, 2017*

# What is a concussion?

- Concussions are brain injuries caused by direct or indirect forces on the brain.
- Symptoms interfere with a student's ability to learn



# Problem

Research shows that concussions need to be treated with a formal protocol

- There is a lot of research on professional athletes and returning athletes to their sport.
- There is not a lot of research on how to return students to classroom

# Purpose

To lead teachers in developing an academic component  
to the concussion recovery program in a high school

# Findings

- Academic team consisting of a student's teachers, the athletic trainer or nurse, and school counselor
  - Special education teachers and therapeutic counselors can be added as needed
- Possible academic adjustments
- Communication

# Method

- I made a general outline of possible components to an academic concussion protocol
  - Observations and notes were taken as teachers discussed, changed, and improved the protocol
    - After each meeting I made revisions to the protocol based on the observations
- Participants participated in a survey after completing work on the protocol to ascertain satisfaction with the process and belief in the written protocol

ANY QUESTIONS

????  
? ? ? ?