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Breathe In; Breathe Out

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Breathe In; Breathe Out

By Rochelle Craig

On the corner of Acacia and Magnolia,
I wait.

Car finally pulls up
I dump my bags, ready for cool oblivion.
Days discussed, laughter fills the car,
detour planned, we travel on.

Kohl's in sight, then nothing but smoke.
My hand throbs and mind races:
Get out, get out, get out.
Gas is spilled, red brown river rushes.
"What do I do? What do I do?"
"Breathe in through your nose;
Breathe out through your mouth."

You can do this, you have to.