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Improving the Psychosocial Effects of a Burn Injury

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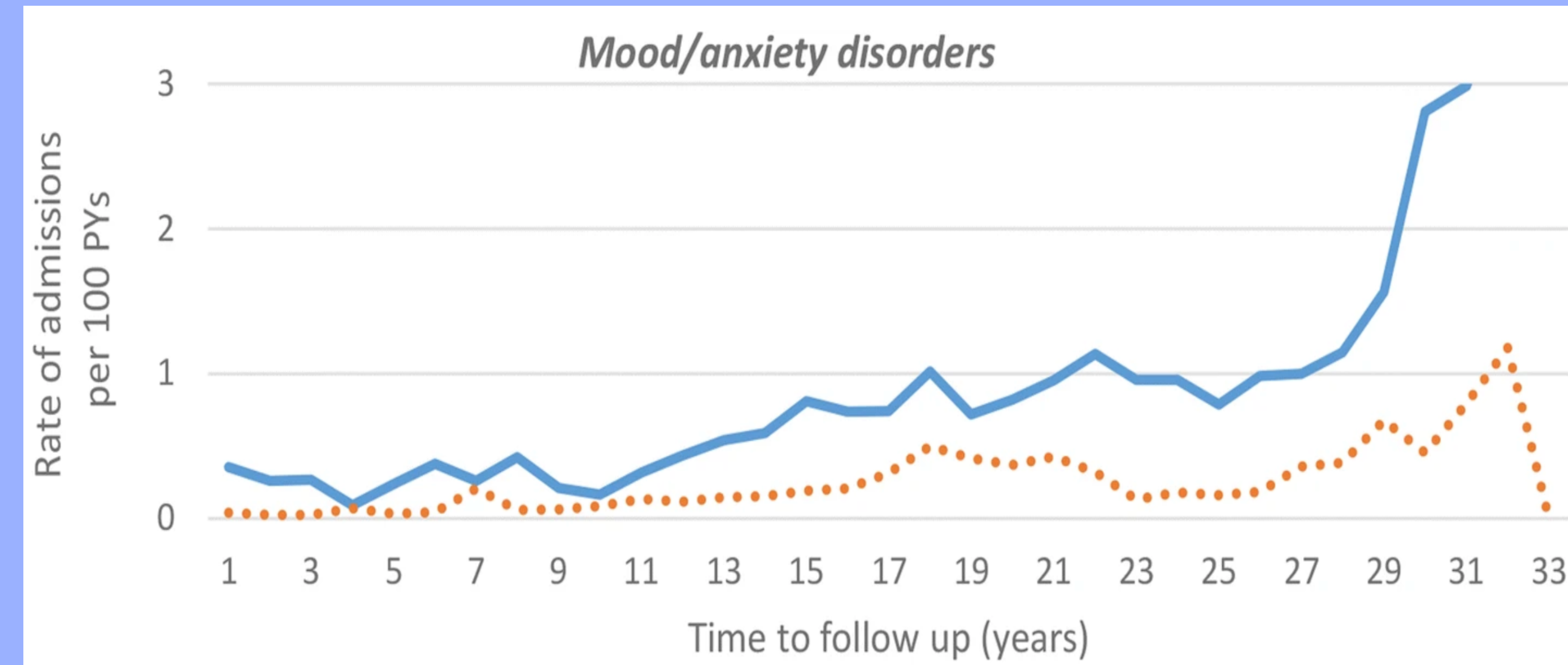


INTRODUCTION

After a burn injury, one of the hardest obstacles to overcome is the psychosocial trauma that follows. Burn victims face harmful coping skills and psychological impairment. The literature on burns is unreliable because not enough interventions are studied and cannot be generalized for use as evidenced based practice.

RESEARCH QUESTION

What interventions can highlight and initiate improvement of social impairment and coping skills for all burn victims?



METHODS

Design

A mixed method study using PROMIS-29 as a pre and post test using journaling as an intervention.

Participants

The sample size will consist of 100 burn victims recruited from burn units, burn centers and support groups.

Procedure

Participants will journal every day for 6 weeks and complete a pre and post test.

RESULTS

The journals will be read and identified for similar themes between each participant. Results of this study will show the impact of journaling on the psychosocial effects of a burn injury.

CONCLUSION

Burn research shows limited information on interventions that can improve psychological ramifications that occur post burn. Literature suggests no reason for a focus on psychosocial development.

References

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IRB: Will be approved