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## Assistive Technology Enhancement of Written Expression for Individuals with Neurodevelopmental Disorders [Poster]

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# R4. AT Enhancement of Written Expression for Individuals with Neurodevelopmental Disorders

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**CO:Writer® 4000 and Write:OutLoud®** is software for literacy development. Children and youth (8-21) with mild mental retardation are routinely excluded from accessing these readily available tools. This study will investigate the impact of these tools, using valid measures and analysis technique

## Purpose: AT Intervention Efficacy Study

The purpose of this project is to carry out an intensive training program in subjects with a broad range of neurodevelopmental disabilities to assess the efficacy of assistive technology (AT) intervention.

## Assistive Technology and Neurodevelopmental Disorders

There is a lack of research efficacy concerning the use of assistive technology in individuals with cognitive deficits. Approximately 3% of the U.S. population has mental retardation with varied etiologies.

### Computer Software (Don Johnston, inc.)

#### CO:Writer® 4000

- Word prediction software.
- Reduces total number of keystrokes required
- Facilitates correct spelling
- Features auditory feedback
- Grammar and vocabulary support

#### Write:OutLoud®

- Talking word processor
- Also reads imported text
- Provides visual and auditory feedback

## Procedures

### Baseline Testing

- IQ Testing (WASI or WISC -IV)
- Visual Motor Integration Test (VMI)
- Reading /Written Expression Battery: Mini-Battery of Achievement (MBA), Process Assessment of the Learner (PAL), Test of Written Language (TOWL-3)
- School Function Assessment (measures school participation and any AT applications implemented)
- Parent and Teacher Questionnaires
- Families and schools will receive summary of test findings and recommendations including the use of AT
- Subjects are randomized into intensive intervention group or standard of care group. Subjects who are initially randomized to the control group are rolled over into the intervention group the following year.
- Re-evaluation post-control/pre-intervention, and post-intervention

## Subjects

32 subjects enrolled to date

- 2 subjects disqualified to continue: 1 due to reading level lower than 1<sup>st</sup> grade, 1 due to cognitive level too high
- 17 randomized to intervention group, 13 to control group
- 10 subjects have completed 1 year of intervention
- 6 subjects have completed control year, rolled over to intervention group

Subjects include individuals with fragile X syndrome, sex chromosomal abnormalities, Down syndrome, fetal alcohol syndrome and autism spectrum disorders.

### Subject Demographics (N=32):

- Mean Age: 12.9 years
- Mean Verbal IQ: 78
- Mean Performance IQ: 74
- Mean Full Scale IQ: 76
- Mean Reading Level: 5<sup>th</sup> grade 1<sup>st</sup> month
- Mean Writing Level: 3<sup>rd</sup> grade 6<sup>th</sup> month

## TOWL-3 Spontaneous Writing Task Example

Subjects are asked to write a story about a picture for 15 minutes

Boy with FSIQ 68, Learning Disability, ADHD:

### Pre-intervention:

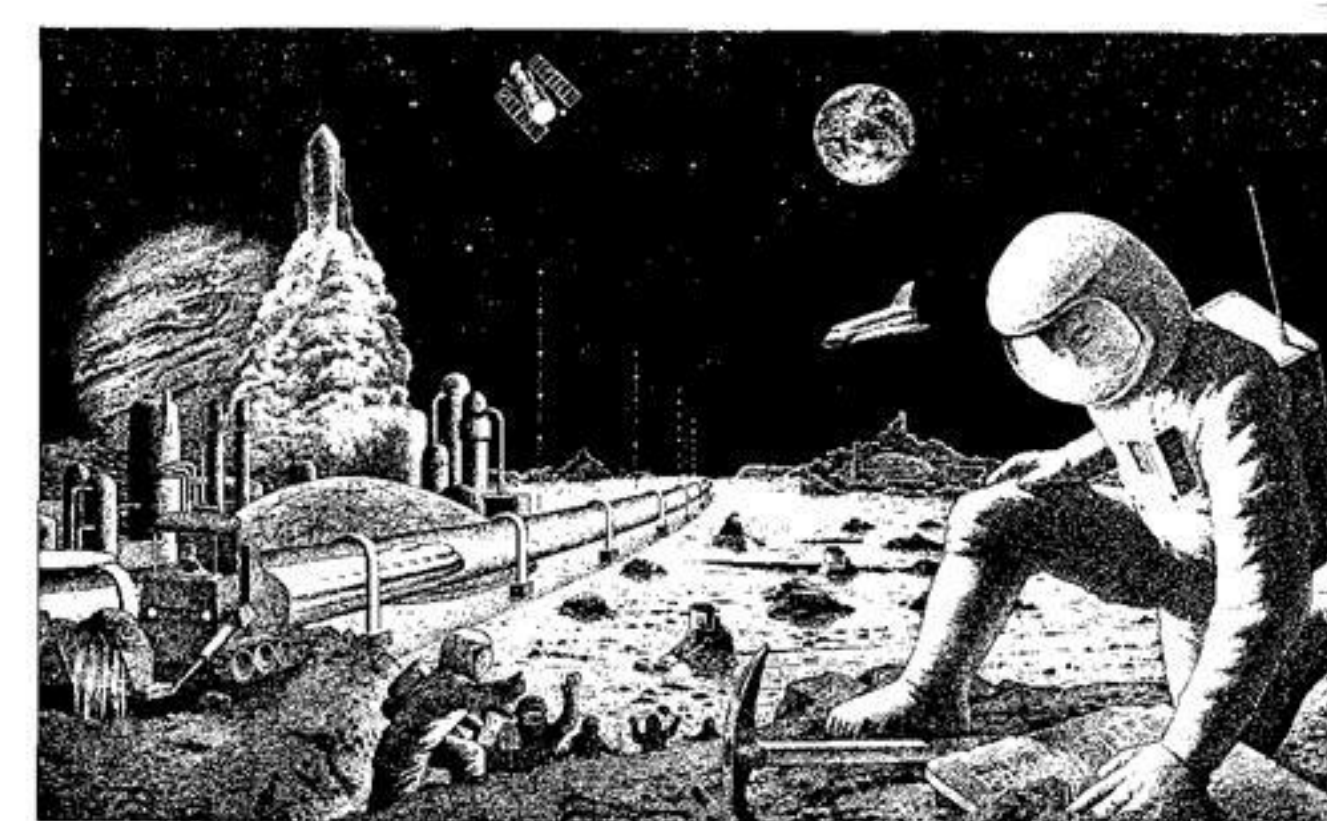
13 years 4 months, 7<sup>th</sup> grade, 58 words, SS= 64



My story is a Maanana a lot more at the end of the day...  
Someday the man on the man was happy and all...  
all the other people they were all happy and...  
happy to go home and they were all happy and...  
the man and the man were all happy and...  
the man and the man were all happy and...  
the man and the man were all happy and...

### Post-intervention:

14 years 6 months, 8<sup>th</sup> grade, 72 words, SS= 70



The man found the man in the moon and he was...  
Someday the man on the man was happy and all...  
all the other people they were all happy and...  
happy to go home and they were all happy and...  
the man and the man were all happy and...  
the man and the man were all happy and...  
the man and the man were all happy and...

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- We are very grateful to the individuals who are participants of our study, as well as their parents and teachers

## Preliminary Results

Group of 10 subjects who have completed 1 year of intervention using the software:

	Pre-intervention Group Mean (n=10)	Post-intervention Group Mean (n=10)	Significance (Paired samples t-test)
VMI	72	68	.81
VMI: Visual Perception	85	81	.57
VMI: Motor Coordination	79	66	.39
MBA reading SS	70	61	.03*
MBA writing SS	51	53	.66
TOWL Story Quotient	76	83	.11
PAL Written: amount of time to complete (sec)	69	60	.04*

## Parent Survey

Parents are asked questions about their feelings/attitudes toward use of software and their child's abilities both before and after the intervention year of the study

### Survey Questions

- I am comfortable using the computer
- I feel it is important to augment writing when it is difficult for children
- I feel that good writing is an important part of learning
- I understand how to use Co:Writer**
- I understand how to use Write:OutLoud**
- I think using software will help me teach writing
- I think being taught how to best use the software will help me with teaching writing
- I would be likely to use the software on my own without additional intervention
- My child writes better when he/she uses the computer
- My child struggles with writing – legibility
- My child struggles with writing – effort/time**
- At this time I feel that my child's writing is OK
- At this time I feel that my child's writing could be improved

	Significance (two-tailed)
4. I understand how to use Co:Writer	p=.01
5. I understand how to use Write:OutLoud	p=.01
11. My child struggles with writing – effort/time	p=.03

## Discussion

- Although we do not yet see a trend in improvement of writing quotient scores, some individuals have shown improvement in skills such as amount of generative language produced after a year of software use.
- Although the MBA reading level is significantly lower at time 2 thus far, we believe this is not a sign of loss of skills, but rather the demands of the standardized testing increasing with age

